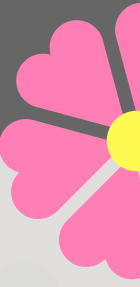




MY HEALTHY EATING

MEAL PLAN



	BREAKFAST	LUNCH	DINNER	SNACK
MON				
TUES				
WED				
THURS				
FRI				
SAT				
SUN				

